

# Kinesio Taping



## What is Kinesio Taping

✎ The Kinesio Taping Method is applied over muscles to reduce pain and inflammation, relax overused or tired muscles in movement on a 24hr/day basis.

✎ It is a non-restrictive type of taping which allows for full range of motion.

✎ Kinesio Tape is used for anything from headaches to foot problems and everything in between.

***Take your massage practice to a new level!***

**24 CE's**

### COURSE OBJECTIVES

Upon completion of this course, including the lecture, demonstration and lab, the participant will be able to:

- Explain and apply the concepts of the Kinesio Taping Method.
- Describe the unique qualities of the Kinesio Tex® Tape.
- Understand the principles of Kinesio Tex® Tape application.
- Utilize and demonstrate application skills in guided laboratory sessions.
- Describe the various cutting techniques and their clinical applications.
- Apply a time-efficient method to decrease muscle spasm, pain and swelling.
- Apply various taping techniques for treatment of the spine and upper / lower extremity dysfunction.

KT 1 & 2 - September 17-18, 2011

KT 3 - October 1, 2011

The Orleans Hotel & Casino  
Las Vegas, NV

**For more information, contact:**  
Sandee Tavisora  
**619-890-0919**

**To Register, contact:**  
Debbie Kirsch  
**407-673-6776**

### **Seminar Fees for AMTA Members:**

Total Cost for KT1, 2 & KT3 is **\$624** (Reg \$699)  
Price includes full-color reference workbooks, 1-year KTA Membership with access to reference database, and Kinesio Tex Tape to use during lab sessions.

**Cancellation & Refunds:** Registration fee, less 20%, will be refunded if written cancellation is received 30 days prior to the seminar. No refunds will be given after that date.